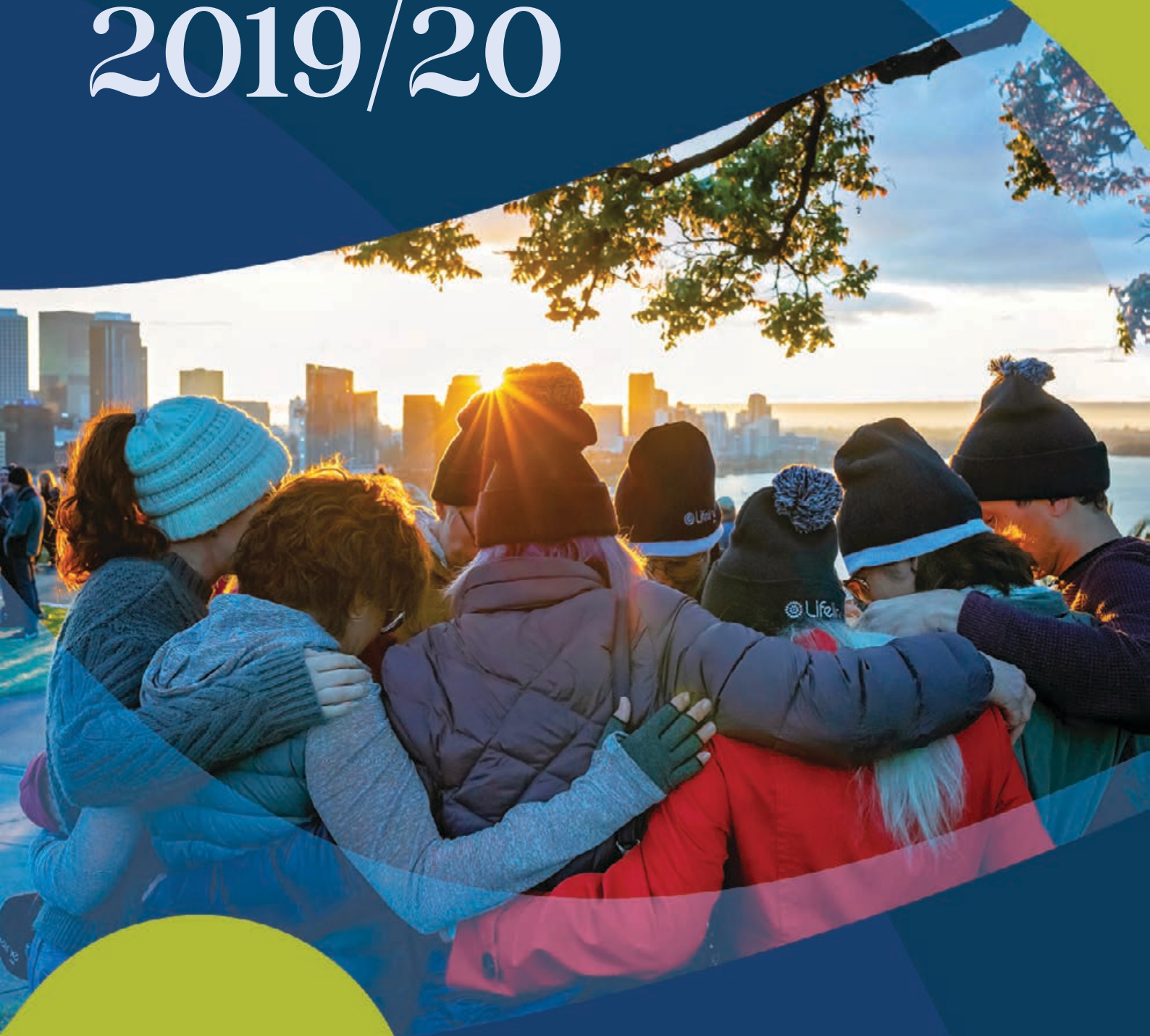


Annual Report 2019/20



A story to
celebrate



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From the Chair

It is often said that adversity builds character. In Lifeline WA's case, I'm proud to say that the adversity experienced over the past year has in fact revealed the true character of our people.

From supporting fire and drought-ravaged communities on the eastern seaboard to dealing with the extreme anxiety caused by COVID-19, Lifeline WA has seen a sustained increase in demand for our crisis services this financial year, which has been unprecedented in its scope.

We are living through incredibly difficult times, and the most vulnerable in our community have been the hardest hit. But despite this adversity, the men and women of Lifeline WA have risen to the challenge.

I'd particularly like to thank each of our volunteer Telephone Crisis Supporters, who have shown great strength, skill and compassion throughout this period. It is a credit to them and their experience, but also the robust and ongoing crisis training they each receive, which has equipped them for any situation.

In June, I had the honour of welcoming our patron and the Governor of Western Australia, The Hon. Kim Beazley AC to our office. He engaged graciously with members of the Telephone Crisis Support team and heard first-hand about the crucial lifeline that we extend to people in crisis across the community.

What struck me about this vice regal visit was not only the immense diversity of our team, but an undeniable sense that every employee and volunteer in that room was unified in a higher purpose – to give back to the community, to do great work and to be part of something bigger.

To deliver on our purpose, we rely on the generous support of our community. And during a year when social restrictions saw us lose the capacity to bring together large groups of people for fundraising purposes almost overnight, we have needed this help more than ever.

Lifeline WA continues to be buoyed by the dedication of leaders in our state who go above and beyond to help us when we need it most. I'd sincerely like to thank these individuals who partner with us because of a shared commitment to a stronger community.

We are living through incredibly difficult times, and the most vulnerable in our community have been the hardest hit. But despite this adversity, the men and women of Lifeline WA have risen to the challenge.

Some of WA's most prominent business leaders have also demonstrated that they care deeply about the mental health of their workforce and the communities in which they operate. As we faced fundraising challenges, these leaders immediately stepped in to help support our range of crisis services.

I am pleased to report that we end this year in a strong financial position, largely because of the very positive and generous reaction from community partners and business leaders in recent months.

With our finances stabilised, the Board of Directors continues to look towards Lifeline WA's long-term future. Our strategic roadmap has recently been refreshed and, while we continue to focus on excelling in our core Telephone Crisis Support service, we are now in a position to establish innovative new partnerships and services which extend suicide prevention beyond our 13 11 14 service.

By consolidating our services and building our financial position we will continue to play our part in Western Australia's long-term recovery for the benefit of everyone in our community. Thank you to my fellow Board members for their work and dedication to ensuring Lifeline WA's future is a bright one.

In many ways this has been a fulfilling year, with the Lifeline WA team and our supporters all lifting to meet and overcome new challenges. It has certainly been a privilege to be part of such an iconic organisation, and to witness these incredible achievements first-hand.

I'd especially like to thank Lorna MacGregor and her team for their extraordinary efforts in managing the increased demand on service delivery. And to recognise that her team has responded to those demands without any erosion of the quality or compassion that sits behind those services.

We are certainly not out of the woods yet. But with the commitment of our people and the support of our community, we remain ready for whatever the future holds.

Sasha Pandal

MBA, BA (Hons) MAICD
Chair



CEO's Message

The past year has been one defined by disaster, with the subsequent economic hardship, social isolation and dislocation resulting in record demand for our support services.

Despite the widespread and devastating impact of the summer bushfires and the global pandemic, our employees and volunteers have not wavered in their commitment to the vulnerable and at-risk in our society.

The Lifeline WA team has risen to the challenge – rapidly innovating new ways to deliver support and showing enormous flexibility to ensure services continued no matter what.

One of our most significant new services, 13HELP was born out of community need. The service was specifically designed for those affected by the terrible impacts of the bushfires that raged across the eastern states last summer.

Following the bushfires, the arrival of COVID-19 and associated social isolation resulted in a sharp increase in demand for services. Our volunteer crisis supporters unselfishly responded by upping their hours by over 40 per cent, allowing us to answer 50 per cent more calls during the height of the pandemic.

At this time, the continuity of our 13 11 14 crisis support line was paramount, which meant taking significant measures to ensure the health and safety of our telephone crisis supporters to enable them to continue answering calls.

A comprehensive COVID-safe plan was instituted, including equipping all non-essential staff to work remotely, and implementing physical distancing for those required in the crisis call centre.

Of course, not all of our services are delivered over the phone. COVID-19 required Lifeline WA to adapt rapidly to changing circumstances and re-invent the delivery model for our in-person counselling, visitation and training services.

Through the passion and commitment of our staff and volunteers, we were able to transition the delivery of our counselling services to a telehealth model, with counsellors working from home. We also adapted each of our community education and crisis supporter training courses to enable them to be conducted through video conference.

Even our Community Visitors Scheme (CVS) – where volunteers help to improve the social and mental wellbeing of lonely and isolated older people – adapted to the situation. As government restrictions and quarantine resulted in even more social isolation, Lifeline WA delivered CVS through telephone, video conferencing, and even old-fashioned letter writing.



The Lifeline WA team has risen to the challenge - rapidly innovating new ways to deliver support and showing enormous flexibility to ensure services continued no matter what.

Despite the challenges, this year has been remarkably rewarding. Through the generosity of our supporters and volunteers, we were able to answer a record number of calls to those in crisis, an increase of 13.6 per cent to 33,879.

I would like to pass on a special thank you to our corporate partners who dug deep when it was needed. The corporate community understood the important role that 13 11 14 would play in supporting the community through social isolation and the long tail of uncertainty that living with this pandemic will require.

Their generosity to Lifeline WA contributed to a very healthy financial result; a surplus of \$2.49m. However, we all understand that while this financial result will be posted in the FY20 financial statements, this funding was intended to support Lifeline WA through the entire pandemic period. This intention is noted in our financial statements which identifies \$2.43m as specified funding.

As always, we remain mindful of our goal to answer every call we receive from West Australians in crisis – and we still have some way to go. Our focus will be on improving our systems and efficiency to get the most out of our fantastic people and ensure we are there whenever help seekers need us.

Finally, I'd like to recognise the help and counsel provided by the Chair and Board of Directors during the year. And to all the staff, volunteers and philanthropists who make up the Lifeline WA family – thank you.

Lorna MacGregor
MBA, BA, Dip.Ed. MAICD AFAIM
Chief Executive Officer



“It made me want to keep trying when everything felt overwhelming and made my life feel manageable.”

Brooke Napijalo

Hope Renewed

This year has presented significant challenges for Western Australians as the COVID-19 pandemic forced radical changes on people with little warning.

Calls to Lifeline WA increased by 50% from March as employees started working from home and the increased isolation and loneliness started to affect people's mental health.

Brooke Napijalo, who has a history of anxiety and depression, is among those who struggled with the transition to remote work in March.

“I spoke with my team every day via digital platforms but found it difficult to share with my colleagues that I wasn't coping,” she says.

Brooke recalls trying various strategies to address the issues she was having with little success.

“I spoke to my partner and close friends and tried to keep myself busy, but was overcome with stress, anger, sadness, guilt and shame,” she says.

The pandemic also made it more difficult for Brooke to access the professional support she had used in the past, and after a couple of difficult months she called Lifeline's 13 11 14 crisis line as a last resort.

“Someone I knew said Lifeline had saved their life; I was surprised at their bravery in telling people and this stuck with me,” she explains.

“When I was going through a hard time and began to have suicidal thoughts, I trusted Lifeline to help me.”

Brooke says she had to battle internal doubts to make the call, but a Lifeline WA volunteer put her at ease right away.

“The Lifeline volunteer quickly made me feel heard and understood,” she remembers.

“The team member allowed me to come to my own realisations as to the changes I needed to make.

“One of these changes was to stop feeling shame over my mental health and to continue to connect with others and reach out for support.

“After our conversation I felt relieved and started to be much more patient and kind to myself.”

Although she is back to working in the office and is able to access her regular support again, Brooke

credits her call to Lifeline with getting her through the worst of the past few months.

“It made me want to keep trying when everything felt overwhelming and made my life feel manageable,” she says.

“The Lifeline WA team is amazing, and I wouldn't have got through the pandemic without them.”

Having had such a positive experience with Lifeline WA, Brooke wants to spread the word to other people so they might remember her story and seek help like she did.

“Lifeline gives people who feel hopeless a chance to believe in themselves again,” she says.

“I recommend anyone who may feel like giving up to call 13 11 14.”



A Reason to Run

When Rae Murphy lost her son Aaron to suicide in 2017, it completely devastated their family and everyone else who knew him.

Looking back, Rae wishes she knew enough to recognise the battle her son was fighting alone.

“He was a sweet, kind boy but he was dealing with his mental health problems in silence,” she says.

“A lot of people won’t speak up about their problems face to face, but they may feel more comfortable speaking over the phone to someone they don’t know, who they feel won’t judge them.”

Rae Murphy

“A lot of his actions I just put down to him being a teenage boy. If I had the knowledge, I would have taken it more seriously.”

That is why Rae has made it her mission to raise awareness around the signs of mental health issues.

“Nobody is immune to mental illness,” she says.

“Make sure you look out for the signs, and don’t be complacent and think that people are okay just because they say they’re okay.”

However, Rae knows awareness is only half the battle and is raising funds for vital services like Lifeline WA to make sure support is available for people who reach out for help.

“Lifeline is just as important as having doctors in our hospitals, because they’re saving lives as well,” she says.

“A lot of people won’t speak up about their problems face to face, but they may feel more comfortable speaking over the phone to someone they don’t know, who they feel won’t judge them.”

“We want them to have the best resources and trained counsellors to be able to reach out to the community and provide much needed support to those suffering with their mental health, and also to support those affected by suicide.”

With exercise playing a big part in helping her deal with the loss of her son, Rae chose the HBF Run for a Reason as her fundraising event of choice.

“Life without Aaron has been the hardest thing to bear, but events like the HBF Run for a Reason have been something for us to look forward to,” she says.

“Exercise has been really helpful with coping with my grief. It releases endorphins and that’s been vital in my life at the moment.”

To date, Rae has raised around \$12,000 for Lifeline WA across three years participating in the HBF Run for a Reason with the support of her husband and daughter, Jorja.

Rae says her daughter has been a beacon of support for the family and others since Aaron’s passing.

“She’s always doing things with us to honour Aaron,” she says.

“She’s out trying to help other people as well, she’s always looking after friends who are feeling down and people we know.”

Rae says people who want to follow her daughter’s example and help people, but aren’t sure how, should look to Lifeline WA for support.

“Lifeline is always there for everyone,” she says.

“It’s not just for people who are suffering, it’s for anyone that’s worried.”

Adapt and Change

Naomi Weir, one of Lifeline WA's Separated Parents and Bereavement Counsellors, works with people dealing with very difficult situations on a daily basis.

"For me, it's all relationship building and empathy," she explains. "I really enjoy connecting with the person and hearing their stories and then being able to help them solve the puzzle they're wanting support with."

For almost four years since taking up the role at Lifeline WA, Naomi has used face-to-face meetings to forge those connections and she was concerned about being effective when the COVID-19 pandemic made this no longer possible.

"I was a bit worried and anxious about trying to connect with someone over the telephone – how can I help someone through that grief process without being in the room with them?" she recalls.

However, Naomi says her fears proved unfounded.

"You're still using the same skills, you still find the empathy, you're still listening to their stories and you're still just caring and being kind and being there for them," she says.

Although the role remained the same over the phone, Naomi says there were logistical challenges that came with working from home.

"I've got a three-year-old, a five-year-old and a husband, and we've also got elderly grandparents who support us as well," she explains.

"I actually set up an office in my mum's caravan because my day would be over when school finishes.

"My son would come home from school and I couldn't be in the home because it's difficult supporting clients in the space where my children are playing."

Through it all, Naomi says Lifeline WA helped her manage her day around the demands of her family.

"My manager was able to support me to plan my day so that I could do administration in the morning and client work in the afternoon when my husband was home," she says.

"It's just a really flexible, caring organisation that worked with me to adapt to the home environment."

Naomi and her colleagues at Lifeline WA recently returned to working in an office, but she says the lessons from working from home will not be forgotten.

"The absolute biggest lesson that I'll carry forward is the beauty in telephone counselling for a client who's in that early stage of grief," she says.

"Just how helpful and beneficial it is for them to be able to stay at home in their own environment and be really comfortable as they explore some really difficult emotions."

What hasn't changed is Naomi's appreciation for working for Lifeline WA, which played a significant part in her decision to take up the position in the first place.

"For me the drawcard was the role being in Lifeline and that's one of the joys that I get now," she says.

"People always respond really warmly when you say you work for Lifeline."



"I really enjoy connecting with the person and hearing their stories and then being able to help them solve the puzzle they're wanting support with."

**Naomi Weir
Lifeline WA Counsellor**

Building a Better Future

Indigenous people are more than twice as likely as non-Indigenous people to experience violence.

In an effort to address this statistic, Lifeline WA has teamed up with training partners from Indigenous Consulting Group (ICG) to deliver the Indigenous Domestic and Family Violence Response Training (DV-alert) and Brothers Standing Tall workshops.

This financial year, 12 Indigenous DV-alert workshops and six Brothers Standing Tall workshops have been held across the state in centres like Perth, Kalgoorlie and Geraldton, and smaller communities like Karratha, Derby, Broome, Carnarvon, South Hedland, Northam and Merredin.

A key element of these workshops is having them delivered by Aboriginal and Torres Strait Islander trainers like Palyku-Bunaba-Walmajarri-Nyoongar woman Tara McCulloch and Yamatji man Brian Councillor.

Tara has a long professional history with domestic and family violence from her time with Relationships Australia and now runs Indigenous DV-alert workshops with Lifeline WA.

Tara says she jumped at the opportunity to train and educate frontline workers in Indigenous issues with Lifeline WA because it would help her reach more people than she could by herself.

“We needed more people with my knowledge and understanding so we could help the Indigenous community,” she says.

Tara says Aboriginal and Torres Strait Islander people are disempowered by the lack of knowledge of Indigenous culture and history among non-Indigenous people, and her workshops help fill these gaps to improve client outcomes.

“Being able to positively interact with Aboriginal and Torres Strait Islander people is a skill you can learn,” she says.

“When you have those communication skills, non-verbal and verbal, it can play a huge role in how you can help and support and provide positive outcomes for each client.”

A lack of culturally sensitive frontline workers can make it less likely for Aboriginal people who experience domestic and family violence to seek help, according to Tara.



“If somebody’s really understanding those Aboriginal cultural nuances then Aboriginal people will be more likely to seek support.”

**Tara McCulloch
ICG Partner Trainer**

“The Lifeline trainers are so supportive and helped me navigate the take-home message for the frontline workers and what could benefit the way they supported Indigenous people,” she recalls.

Tara says the result of that work is evident in the difference in the demeanour of frontline workers before and after they complete the workshops.

“They arrive on the first day deflated, with a sense of hope,” she says.

“But at the end of the training participants are elated, they’re empowered, so much so that they’re ready to get back to their clients to empower them.”

The work Brian undertakes in delivering the Brothers Standing Tall workshops makes a difference, but just as vital, contribution to the efforts to address domestic and family violence issues in Aboriginal and Torres Strait Islander communities in WA.

“We must find answers on how to reduce and stop domestic and family violence. To do that we need to provide a safe and conducive learning environment where men who may use violence can come together to learn about domestic and family violence and say something without feeling judged and criticised,” he says.

“This may be their first time to share that they have used violence, or their first opportunity to describe their own experience of abuse and violence that was inflicted upon them as children.

“Aboriginal and Torres Strait Islander men are often excluded from the process to address, reduce and stop domestic and family violence in our communities.

If they are considered owners of this program then things can change, and we can stop violence and abuse in our communities.”

One participant shared that the best thing about the workshop was “listening to good examples to explain to our families.”

Brian says his role in Brothers Standing Tall is to inform, not lecture – a responsibility he takes seriously.

“I am not there to judge or criticise anyone. I’m there to pass on information, and if I don’t pass information on in an effective way that people actually understand, it’s not the participants that have failed in the training, it’s actually me as a trainer,” he explains.

Although their workshops differ in scope and targets, both Tara and Brian share the same goal.

“The future of Indigenous families living free from violence starts by acknowledging the past so we can build a pathway for a safe future,” Tara says.

“Lifeline and each frontline worker have a common goal and that is to work together to build a better future for everyone to live free of violence and live free of the fear of violence.”

Writing Off Loneliness

After moving to Australia as a child with her only grandparent remaining in the UK, Jessica Wilkes gravitated towards older people in the community growing up.

“I always talked to elderly people, maybe it was something that was missing in my life, so I was attracted to it in that way,” she says.

Jessica says this was one of the reasons she signed up with Lifeline WA earlier this year to volunteer for the Community Visitors Scheme (CVS).

The CVS helps improve the social and mental wellbeing of isolated people by matching them with volunteers.

The free program is available to any isolated person who either lives in a residential aged care home, receives a home care package or would benefit from more social connection.

Jessica says she immediately saw the program’s value.

“It’s a really wonderful thing to recognise people who are slipping through gaps of families and community,” she says.

“It’s a really wonderful thing to recognise people who are slipping through gaps of families and community.”

Jessica Wilkes
CVS Volunteer

“I feel like there’s so much to be shared and it’s unnecessary that so many people who are older are so alone and don’t get to share their wisdom and experience in their later years.”

Forty-two older people were matched with volunteers through the program this financial year and, of these, eight were paired during the COVID-19 isolation period – including Jessica and her recipient.

Lifeline WA takes great care to account for interests, temperament and personalities when matching volunteers and recipients.

Jessica says a shared interest in making things is part of the reason she was paired with her recipient.

“He was a furniture maker and as an artist, woodwork is something I enjoy,” she says.

The pair soon discovered they also shared a sense of humour.

“Humour is obviously not something you can really match unless you’re actually experiencing it but that’s something that’s important to me and important to him,” she says.

The CVS typically facilitates face-to-face meetings between recipients and volunteers, but the COVID-19 isolation meant Jessica and her recipient needed to get to know each other through letters.

“There was a really lovely connection that happened over letter writing,” she says.

“We’d write every couple of days and it was quite comforting to know someone else’s life had experienced better things because you’ve communicated with them.”

After the isolation period ended, Jessica visited her pen pal in person once a week, which made her nervous at first.

“Neither person knows what the other person looked like, so it was interesting to meet each other,” she says.

“The face-to-face connection has a different connective property and just being able to click with someone really makes a difference.”

Jessica says she now compares the relationship she has with her recipient to one between good friends.

“We’ve got a light-hearted, conversational relationship, but we can process difficult things in a way,” she says.

“There’s a particular trust and respect there, and I think it’s evident that we have a mutual understanding of life, people and kindness.”

According to the 2018 Australian Loneliness Report from the Australian Psychological Society, one in four Australian adults are lonely, one in two feel lonely at least one day in a week and nearly 55% of the population feel they lack companionship at least sometimes.

The CVS is just one way that Lifeline WA is working to address loneliness in the community and make a difference to community outcomes outside of its crisis support line.



Rising from the Ashes



Australians have faced terrible challenges in 2020, including the summer bushfires in the eastern states and the continuing impact of the COVID-19 pandemic.

Lifeline WA, in conjunction with Lifeline Australia, responded to the bushfire crisis by introducing the new 13HELP service, a dedicated phoneline for people in bushfire-affected communities.

At a time when the community needed Lifeline the most, 13HELP answered more than 5,500 calls.

Laura Rowan is among the volunteer Telephone Crisis Supporters who underwent additional training to be prepared to assist help seekers dealing with bushfires over the phone from 10pm to 2am.

“The service at Lifeline allows people who are isolated, or have nobody, an opportunity to talk and really be heard.”

Laura Rowan
Telephone Crisis Supporter

“In WA we were lucky that there weren’t any significant local impacts, so all Telephone Crisis Supporters (TCS) were specifically trained to give some background on the bushfires so we were able to take the calls,” she remembers.

Laura explains calls weren’t restricted to bushfire matters and the time of night meant 13HELP calls were particularly intense.

“You tend to have proportionately more serious calls and interventions at that time of night,” she says.

“We either get people who have insomnia, or have woken up from nightmares, or who have PTSD and don’t sleep at night, or are having major issues that are keeping them awake.”

Putting in extra effort to help people is Laura’s way of giving back to the community after receiving mental health support in the past.

“I’ve had mental health issues myself and have really valued the people who have been there to listen and assist me,” she says.

“I’ve got to a point in my life where I was ready to give back in the field.”

Although she has a lived experience of mental health issues, Laura says the universality of the COVID-19 pandemic represented a challenge she hadn’t experienced before in her two years as a crisis supporter.

“Normally when we deal with people’s crises, they’re not something we would necessarily be dealing with or have dealt with,” she says.

“COVID has affected absolutely everybody, so it’s really close to home for myself and every other TCS.

“We all need to make sure we’re managing our own self-care, because we’re hearing other people’s fear about something that can affect us and our families as well.”

Lifeline WA has provided additional welfare support for TCS staff, but Laura says managing self-care has always been part of dealing with the emotional toll of taking calls.

“If you don’t look after yourself, you’re not going to last long,” she says.

However, far from being discouraged by the challenges that come with the role, Laura’s experience has only reinforced her commitment to volunteering at Lifeline WA.

“I’ve seen we can make a real difference in people’s lives, and I don’t think you could ask for a volunteer role that can do more than that,” she says.

“The service at Lifeline allows people who are isolated, or have nobody, an opportunity to talk and really be heard.

“That’s why, to me, Lifeline is absolutely critical.”

From a Workplace of Giving

Woodside employees have a long history and reputation for community giving – from volunteering to financial donations.

When the pandemic hit, Woodside made a significant contribution of \$300,000 to Lifeline WA through its COVID-19 Community Fund.

Donations, large or small, make a significant difference to the critically important services provided by Lifeline.

With our community facing heightened stress and anxiety, Woodside has recognised the importance of organisations such as Lifeline WA, which support people through tough times.

Woodside CEO Peter Coleman said the company also encouraged employee donations through its Workplace Giving Program.

“We have made it easy for Woodside employees to give by



allowing them to make donations through payroll deductions to approved not-for-profit organisations,” he said.

“As a result, our employees have contributed more than \$50,000 to Lifeline through Woodside’s Workplace Giving Program.

“Our employees feel passionate about the work of Lifeline WA. Their

generosity and willingness to help during this difficult time makes me proud to lead our Woodside team.”

Along with Lifeline WA, more than 70 other WA not-for-profit organisations have been supported by the Woodside COVID-19 Community Fund, helping them assist those who have been most affected by the pandemic.



“ With our community facing heightened stress and anxiety, Woodside has recognised the importance of organisations such as Lifeline WA, which support people through tough times.”

Peter Coleman
Woodside CEO



Mental Health a Precious Resource

The Chamber of Minerals and Energy WA (CME) partnered with Lifeline WA in 2018 as part of the WA resources sector's commitment to mental health and wellbeing. Both parties have benefited from this partnership in the years since.

"The CME joined with Lifeline WA in 2018 to consolidate and make accessible industry-specific resources and tools to support organisations as they continue to improve on-site mental health strategies," CME CEO Paul Everingham says.

"CME and our members felt the resources sector could make an important and timely contribution to Lifeline WA to assist Western Australians who were fearful and distressed about the health and economic implications of the pandemic."

Paul Everingham
CME CEO

For CME, the partnership has ensured the organisation's work is driven by a strong evidence base through access to Lifeline WA's vast experience in the mental health space.

"Navigating the wealth of information available in the suicide prevention and mental health space can be challenging and, at times, overwhelming," Paul says.

"Lifeline WA has well-known and respected expertise in this space and has been able to provide evidence-based guidance and support to CME and our members in their ongoing mental health and wellbeing activities."

Each resources operation, whether it's a mine site or an offshore oil and gas facility, is unique. Through its partnership with Lifeline WA, CME is able to support organisations seeking extra assistance and access to tailored resources.

"A 'one size fits all' approach does not work in this space, and companies need to implement approaches tailored to the nature of their workforce and operations," Paul says.

"Partnering with experts like Lifeline WA ensures that companies looking for extra support have cost effective and evidence-based options available to them that are relevant to their operations and workforces."

In addition to broader support, Lifeline WA and CME have collaborated on a thorough consultation with industry to co-design responses to mental health challenges.

"This involved detailed sessions across the sector at all levels, from Perth-based management to frontline supervisors and focus groups with workers on site," Paul says.

"This process provided the means for companies to access experts, work collaboratively as an industry and share practices and lessons on what was effective."

In turn, CME was proactive in supporting Lifeline WA from the onset of the COVID-19 pandemic.

"CME and our members felt the resources sector could make an important and timely contribution to Lifeline WA to assist Western Australians who were fearful and distressed about the health and economic implications of the pandemic," Paul says.

"With CME providing a clear and easy avenue for our members to support Lifeline through the 'CME COVID Community Initiative', we were able to engage a range of member companies which provided significant donations in supporting Lifeline WA."

Although the COVID-19 pandemic has exacerbated the mental health issues facing Western Australians, CME believes the challenge of removing the stigma associated with seeking help remains the same and values Lifeline WA's support going forward.

"Everybody has a role to play in addressing this community issue, including employers," Paul says.

"It is CME's goal that the sector's employees and community members have easily accessible information and a positive attitude towards seeking help should they be experiencing any personal or mental health issues.

"Lifeline WA is a well-known and trusted resource that CME and our members are happy to partner with to support the community during the various emotional stages of crisis."

Graham Mabury Award Winner: Annette Crick



“When you have those phone calls where you have made that connection, you hang up feeling like you really know that you made a difference in that person’s life, even if it was just for a small window of time - that’s really rewarding.”

Annette Crick
Telephone Crisis Supporter

Giving back to the community has been an integral part of most of Annette Crick’s adult life.

Earlier in her career, Annette worked in the aged care and social housing sectors where she was constantly dealing with people in need.

But when Annette left those two professions to take up a role in local government, there was something missing.

“Once I started working for the council, I realised that even though I’m working for the community still, it’s not the same,” she says.

Just over two years ago, Annette was able to find the sense of fulfilment she had been missing by volunteering as a Telephone Crisis Supporter with Lifeline WA.

“I’ve always sort of wanted to be a crisis supporter and I’ve always thought Lifeline did an amazing job,” she says.

“I had no idea how to even start but just rang them and they were so fantastic and it just all came together.”

Annette has done volunteer work in the past, but she says her experience with Lifeline WA stands out from the rest.

“I don’t think there’s any volunteering I’ve ever done that’s more rewarding than Lifeline,” she says.

“You always go away knowing that you’ve done the best you possibly can and, in some way, helped someone just by listening.”

Annette’s volunteer work for Lifeline WA was recognised in 2019 when she was awarded the Graham Mabury Award.

Annette says she is grateful to have won the award but the work itself is reward enough and continues to motivate her to keep taking calls.

“When you have those phone calls where you have made that connection, you hang up feeling like you really know that you made a difference in that person’s life, even if it was just for a small window of time – that’s really rewarding,” she says.

Doing such emotionally intensive work is not without its challenges, but Annette says she employs self-care to overcome them.

“When you put the headphones on, you’re in that space and then you walk out the door and you’re back into your life,” she says.

“You keep the two very, very separate so you don’t take them home.”

Annette adds that Lifeline WA goes above and beyond to help its volunteers cope.

“The training from the time you start is just fantastic. There’s just support everywhere you turn,” she says.

The ongoing COVID-19 pandemic has seen calls to Lifeline WA spike, which Annette partly attributes to increased loneliness.

“When you’re lonely you can at least go for a walk, or go to the shops, or attend support groups, but all those things stopped,” she says.

“People really were on their own dealing with everything they had to deal with.”

However, Annette believes the role of a crisis supporter during a pandemic remains the same at its core.

“I wouldn’t say it’s been different because people are in crisis all the time,” she says.

“Listening is absolutely the key, listening and being there with them in their moment of crisis.”

Deborah Doncon Award Winner: Liz Schleicher

It wouldn't be possible for Lifeline WA to support thousands of Western Australians without a solid framework underpinning the organisation.

For the past 18 months, Liz Schleicher has been responsible for keeping the organisation in good order in her roles as Governance Officer and Board Secretary.

"A lot of my job revolves around policy and procedure," she explains.

"I sort of run around after everyone, making sure that they can do the big jobs while I do the little quiet jobs in the background."

Good governance is important for any organisation, but Liz believes that's particularly true for a not-for-profit like Lifeline WA.



"We have such generous donations from people who place their trust in the organisation to do the right thing," she says.

"We have a responsibility to make sure we have good systems and processes, so that we can be as effective as possible to make the most out of the money that we're being gifted.

"The better we are as an organisation, the easier it's going to be for us to achieve our mission and support people in crisis."

Before joining Lifeline WA, Liz was in a role she wasn't passionate about, so she jumped at the opportunity to use her skillset to contribute to an organisation like Lifeline WA.

"Any 9-to-5 job can be quite fatiguing, especially working in an office all day, but knowing that I'm contributing – a tiny amount – to a really important cause makes the grind worthwhile," she says.

That effort has not gone unnoticed, and the 28-year-old has been recognised for her contribution with Lifeline WA's 2019 Deborah Doncon Award for the employed staff member of the year.

Liz says she was humbled to receive the award but is not about to rest on her laurels.

"I had the pleasure of meeting Deb Doncon herself when I received the award and speaking to her made me want to work harder to help Lifeline be a little bit better all the time," she says.

Liz says her proudest achievement to date is helping Lifeline WA gain accreditation under the National Standards for Mental Health Services (NSMHS).

"We always want to do the right thing by the service user anyway, but the accreditation is just a very efficient checklist to make sure we haven't missed anything," she says.

Her time at Lifeline WA has not been without its challenges and Liz says working from home during the COVID-19 pandemic was particularly tough.

"I personally found it quite difficult being away from everyone," she says.

Liz says regular virtual meetings to make sure policies were current helped her get through it.

"We still met every month and went through the policies and made sure they were reviewed on time," she says.

"Everyone taking specific time out of their days to check in on everyone else, and come to my little policy meetings, I think that made us sort of appreciate what we have a lot more."

Liz is back in the office again and she says both the organisation itself and the bond between the Lifeline WA team are stronger for having gone through COVID-19.

"Through COVID we've learned so much – I'm hoping the only way is up, but I definitely think we've come out of this better for it," she declares.

"The better we are as an organisation, the easier it's going to be for us to achieve our mission and support people in crisis."

Liz Schleicher
Lifeline WA Governance Officer

2019/2020

Statistics



53,262

Western Australians
calling 13 11 14
11.2% increase



33,879

Calls answered
by LWA
13.6% increase



194

Emergency
interventions
10.2% decrease



218

Number of
Crisis Supporters
7.9% increase



152

Training Workshops
delivered
6.3% increase



25

Training Workshops
delivered in regional WA
44.4% decrease



713

Separated Mums and Dads
clients supported
15.7% increase



36

DBTeen: young people
graduated
157.1% increase



Our Board

The Lifeline WA Board is a passionate and proficient team, committed to realising our vision of a community free of suicide.



Sasha Pental
Chair
MBA, BA (Hons), MAICD
Appointed August 2016
Appointed Deputy Chairperson December 2017
Appointed Chairperson April 2019

Sasha is an experienced executive leader and current Chief Executive Officer of Early Start Australia. Sasha has over 25 years' experience in commercial management, strategic planning, policy advice and community relations. In addition to her role as Chair of Lifeline WA, Sasha has been involved in a number of not for profit organisations including serving on the board of Glass Jar Australia, Bright Energy Investments and the Curtin Graduate School of Management Advisory Board.



David Pringle
Deputy Chair
Resigned
BA (Comm)
Appointed August 2017
Appointed Deputy Chairperson April 2019
Resigned September 2019

David has many years' experience as a senior executive in the building sector. He has proven commercial acumen, and a wealth of property development knowledge.



Chris Carey
Treasurer & Deputy Chair
FCA
Appointed August 2012
Appointed Treasurer October 2013
Appointed Deputy Chair October 2019

Chris is a Chartered Accountant with more than 40 years' experience in funds management, compliance, engineering, mining, and chartered accountancy practice. He is a Fellow of the Institute of Chartered Accountants and retired Fellow of the Institute of Company Directors.



Robert Garreffa
CA FGIA
Appointed August 2017

Robert is the Director of Mondo Di Carne and is skilled in accounting, internal audit, IT security, IT systems and governance. Robert and his family have had a long involvement with Lifeline WA through Mondo Di Carne which has raised millions of dollars for crisis support services.



Nadia Mitsopoulos
BA
Appointed August 2017

Nadia Mitsopoulos has worked in the media as a journalist and broadcaster for almost 30 years. Nadia worked extensively in television in Perth and overseas, before making the move to radio. She is currently the co-host of the Breakfast program on ABC Radio Perth.



David Etherton
BEcons FIPAAWA
Appointed June 2018

David has over 20 years of senior executive leadership experience in the tourism, venues and events industries. David has been the CEO of VenuesWest for over 10 years and oversees 13 of Western Australia's biggest sporting and entertainment venues, including opening the world class RAC Arena and Optus Stadium.



John Brearley
Dip Ed, BSW, Grad Dip (Mental Health Science)
Appointed August 2017

John is the Assistant Director Health Liaison at the Mental Health Commission of Western Australia. He has extensive leadership experience in large organisations providing services in disability, aged care and mental health. John is experienced in rural and remote health delivery, corporate and clinical governance, business system development and high-level stakeholder management.



Howard Knight
CFA, GAICD, F.Fin
Appointed May 2019

Howard has over 30 years of experience as a finance industry executive and is the Managing Director of Redgate Capital. Howard is on the Board of the CFA Society Perth, is responsible for developing the Women in Finance Network, and is also a member of Curtin University School of Economics, Finance and Property Advisory Board.



Professor Dawn Freshwater
Resigned
Professor, PhD, BA (Hons), FRCN, RN, RNT, DipPsych, GAICD
Appointed September 2018
Resigned February 2020

Dawn is Vice-Chancellor of the University of Auckland. Prior to this, Dawn was the Vice-Chancellor of UWA and Chair of the Group of Eight, Australia's leading research-intensive universities. Her contributions to public health (specifically mental health and forensic mental health) and in researching leadership practices won her the highest honour in her field of scholarship - Fellowship of the Royal College of Nursing.

Financial Report

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General information

The financial report covers Living Stone Foundation Inc. as an individual entity. The financial report is presented in Australian dollars, which is Living Stone Foundation Inc.'s functional and presentation currency.

The financial report consists of the financial statements, notes to the financial statements and the Committees' declaration.

A description of the nature of the operations of the Association and its principal activities are included in the Committee members' report, which is not part of the financial report.

The financial report was authorised for issue, in accordance with a resolution of Committee members, on 29 August 2020. The Committee members have the power to amend and reissue the financial report.

Committee Members' Report
30 June 2020

The Committee members present their report on Living Stone Foundation Inc. for the financial year ended 30 June 2020.

Committee members

The names of committee members throughout the year and at the date of this report are:

- Sasha Pandal (Chairperson)
- Christopher Carey (Treasurer)
- David Pringle (Deputy Chair) (resigned 1 September 2019)
- Robert Garreffa
- Nadia Mitsopolous
- David Etherton
- John Brearley
- Dawn Freshwater (resigned 29 February 2020)
- Howard Knight

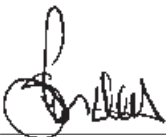
Principal activities

The principal activities of the Association during the financial year was to prevent suicide, support people in crisis and create equal opportunities for emotional wellbeing.

Operating result

The profit of the Association for the financial year after providing for income tax amounted to \$ 2,492,469 (2019: \$ 209,448). Signed in accordance with a resolution of the Members of the Committee:

Committee member:



Sasha Pandal (Chairperson)

Dated this 29 day of August 2020


BUTLERSETTINERI
Real People. Better Business.

AUDITOR'S INDEPENDENCE DECLARATION

In accordance with the requirements of the Australian Charities and Not-for-profits Commission Act 2012 and the Associations Incorporation Act 2015 (WA), in relation to our audit of the financial report of Living Stone Foundation Inc. for the year ended 30 June 2020, to the best of my knowledge and belief, there have been:

- a) No contraventions of the auditor independence requirements of section 60-40 of the Australian Charities and Not-for-profits Commission Act 2012 in relation to the audit; and
- b) No contraventions of the auditor independence requirements of section 80 the Associations Incorporation Act 2015 (WA) in relation to the audit; and
- c) No contraventions of any applicable code of professional conduct in relation to the audit.

BUTLER SETTINERI (AUDIT) PTY LTD



MARIUS VAN DER MERWE CA
Director

Perth
Date: 27 August 2020

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Australia

Butler Settineri (Audit) Pty Ltd
FICA No. 209109 ADN 61 112 942 373
Liability limited by a scheme approved under Professional Standards Legislation

Proactive • Quality • Supportive

Living Stone Foundation Inc
Statement of Profit or Loss and Other Comprehensive Income
• For the Year Ended 30 June 2020

	Note	2020 \$	Re-stated 2019 \$
Revenue			
Contracted services		1,028,022	753,427
Government grants		1,788,531	1,563,641
Fundraising and donations		1,588,131	1,683,312
Education and prevention services		233,378	139,714
Volunteer labour contribution	5	796,666	688,150
Other income		36,257	85,972
		5,470,985	4,914,216
Expenses			
Fundraising costs		(249,007)	(258,048)
Employee benefits expense		(3,493,628)	(2,666,619)
Training costs		(18,487)	(13,045)
Property, rents and rates		(52,422)	(70,295)
Interest and finance expenses		(9,092)	(11,255)
Depreciation and amortisaton expense		(71,716)	(62,611)
Depreciation - right-of-use asset		(62,819)	(45,797)
Loss on disposal of assets		-	(9,422)
Volunteer services	5	(796,666)	(688,150)
Other expenses		(660,760)	(879,526)
		(5,414,597)	(4,704,768)
Surplus from operations			
		56,388	209,448
Non-operating funds received for COVID- 19 relief	6	2,436,081	-
Surplus before income tax			
		2,492,469	209,448
Income tax expense		-	-
Surplus after income tax expense			
		2,492,469	209,448
Other comprehensive income, net of income tax			
Other comprehensive income for the year, net of tax		-	-
Total comprehensive income for the year			
		2,492,469	209,448

Living Stone Foundation Inc
Statement of Financial Position • As at 30 June 2020

	Note	2020 \$	Re-stated 2019 \$	Re-Styled 2018 \$
Assets				
Current Assets				
Cash and cash equivalents	6	3,647,464	1,437,296	613,289
Trade and other receivables	7	157,504	247,637	133,541
Prepayments		16,020	142,698	38,261
Total current assets		3,820,988	1,827,631	785,091
Non-current assets				
Property, plant and equipment	8	397,793	348,783	347,012
Financial assets	9	627,572	629,564	475,461
Total non-current assets		1,025,365	978,347	822,473
Total assets				
		4,846,353	2,805,978	1,607,564
Liabilities				
Current liabilities				
Trade and other payables	10	870,993	1,315,097	300,677
Lease liabilities	11	75,784	63,337	60,555
Employee benefits	12	183,194	143,217	117,042
Total current liabilities				
		1,129,971	1,521,651	478,274
Non-current liabilities				
Lease liabilities	11	30,180	105,964	169,301
Employee benefits	12	34,860	19,490	10,564
Total non-current liabilities				
		65,040	125,454	179,865
Total liabilities				
		1,195,011	1,647,105	658,139
Net assets				
		3,651,342	1,158,873	949,425
Equity				
Retained earnings	13	3,651,342	1,158,873	949,425
		3,651,342	1,158,873	949,425
Total equity				
		3,651,342	1,158,873	949,425

Living Stone Foundation Inc
Statement of Changes in Equity • For the Year Ended 30 June 2020

2020

	Retained Earnings \$	Total \$
Balance at 1 July 2019	1,143,368	1,143,368
Prior period error adjustment	(2,849)	(2,849)
Restatement due to adoption of AASB 16	18,354	18,354
Balance at 1 July 2019 restated	1,158,873	1,158,873
Surplus after income tax expense	2,492,469	2,492,469
Balance at 30 June 2020	3,651,342	3,651,342

2019

	Retained Earnings \$	Total \$
Balance at 1 July 2018	969,886	969,886
Restatement due to adoption of AASB 16	(20,461)	(20,461)
Balance at 1 July 2018 restated	949,425	949,425
Surplus after income tax expense	209,448	209,448
Balance at 30 June 2019	1,158,873	1,158,873

Living Stone Foundation Inc
Statement of Cash Flows • For the Year Ended 30 June 2020

	Note	2020 \$	Re-Styled 2019 \$
Cash flows from operating activities:			
Grants and other receipts		7,999,190	4,775,559
Payments to suppliers and employees		(5,536,945)	(3,634,797)
Net cash provided by/(used in) operating activities	15	2,462,245	1,140,762
Cash flows from investing activities:			
Proceeds from sale of plant and equipment		-	(9,422)
Purchase of property, plant and equipment		(183,541)	(127,202)
Purchase investments		-	(112,519)
Payment for lease liabilities		(63,338)	(60,555)
Net cash provided by/(used in) investing activities		(246,879)	(309,698)
Cash flows from financing activities:			
Payment of lease liabilities		(5,198)	(7,057)
Net cash provided by/(used in) financing activities		(5,198)	(7,057)
Net increase/(decrease) in cash and cash equivalents held		2,210,168	824,007
Cash and cash equivalents at beginning of year		1,437,296	613,289
Cash and cash equivalents at end of financial year	6	3,647,464	1,437,296

The financial report covers Living Stone Foundation Inc. as an individual entity. Living Stone Foundation Inc. is a not-for-profit Association, registered and domiciled in Australia.

The principal activities of the Association for the year ended 30 June 2020 was to prevent suicide, support people in crisis and create equal opportunities for emotional wellbeing.

The functional and presentation currency of Living Stone Foundation Inc. is Australian dollars. Comparatives are consistent with prior years, unless otherwise stated.

1. Basis of Preparation

In the opinion of the Management committee the Association is not a reporting entity since there are unlikely to exist users of the financial statements who are not able to command the preparation of reports tailored so as to satisfy specifically all of their information needs. These special purpose financial statements have been prepared to meet the reporting requirements of the *Australian Charities and Not-for-profits Commission Act 2012*.

The financial statements have been prepared in accordance with the recognition and measurement requirements of the Australian Accounting Standards and Accounting Interpretations, and the disclosure requirements of AASB 101 Presentation of Financial Statements, AASB 107 *Statement of Cash Flows*, AASB 108 *Accounting Policies, Changes in Accounting Estimates and Errors* and AASB 1054 *Australian Additional Disclosures*.

Historical cost convention

The financial report, except for the cash flow information, has been prepared on an accruals basis and is based on historic costs unless stated otherwise in the notes and does not take into account changing money values or, except where stated specifically, current valuations of non-current assets.

Critical accounting estimates

The preparation of the financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the Association's accounting policies. There are no areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements.

2 Change in Accounting Policy

(a) Revenue from Contracts with Customers - Adoption of AASB15

The Association has adopted AASB 15 *Revenue from Contracts* with Customers and AASB 1058 *Income of Not-for-Profit Entities* for the first time in the current year with a date of initial application of 1 July 2018.

Changes in accounting policies resulting from the adoption of AASB 15 and AASB 1058 have been applied retrospectively to each year presented except the Association has applied the practical expedient(s) in AASB 15 which allows the Association to not estimate variable consideration amounts in the comparative year and instead use the transaction price and the date the contract was completed at the date of transition for periods prior to the date of initial application of AASB15.

The key changes to the Association's accounting policies and the impact on these financial statements from applying AASB 15 and AASB 1058 are described below.

(i) Grants - operating

Under AASB 1004, most grant income was recognised as revenue on receipt. Under AASB 1058 and AASB 15, where an agreement is enforceable and contains specific performance obligations, the revenue is either recognised over time as the work is performed or recognised at the point in time that the control of the services pass to the customer.

Having reviewed the terms and conditions of grants received by The Association, some grants have been recognised as revenue on receipt and others when performance obligations have been met. This assessment has not resulted in any changes on adoption date 1 July 2019 or on the comparative amounts.

(ii) Volunteer services

Lifeline (WA) (WA) receives considerable donated value from the services provided by its extensive cohort of volunteers. Lifeline (WA) chooses to recognise that value in its financial accounts in accordance with AASB1058.

Volunteer Groups:

- Telephone CrisisSupport
- Other Volunteer Groups
- Volunteer with 'Lived Experience'
- Board of Directors

Statement of Profit or Loss and Other Comprehensive Income

On adoption of AASB 1058, the following changes were made to the statement of profit or loss and other comprehensive income for the year ended 30 June 2019.

	Year ended 30 June 2019 as previously reported	Adjustment on adoptionof AASB 1058	Year ended 30 June 2019 restated for AASB1058
	\$	\$	\$
Volunteer income	-	688,150	688,150
Volunteer expenses	-	(688,150)	(688,150)

2 Change in Accounting Policy (continued)

(b) Leases - Adoption of AASB16

The Association has applied AASB 16 using the retrospective approach and all periods are presented using the same lease accounting policies.

The Association has applied AASB 16 Leases, which is effective for annual periods that begin on or after 1 January 2019. The date of initial application for The Association is 1 July 2019.

(i) of adoption of AASB16

The impact of adopting AASB 16 is described below:

Association as a lessee

Under AASB 117, the Association assessed whether leases were operating or finance leases based on its assessment of whether the significant risks and rewards of ownership had been transferred to the Association or remained with the lessor. Under AASB 16, there is no differentiation between finance and operating leases for the lessee and therefore all leases which meet the definition of a lease are recognised on the statement of financial position (except for short-term leases and leases of low value assets).

The Association has elected to use the exception to lease accounting for short-term leases and leases of low value assets, and the lease expense relating to these leases are recognised in the statement of profit or loss on a straight line basis.

Practical expedients used on transition

AASB 16 includes practical expedients which can be used on transition, the Association has not re- assessed contracts which had previously been assessed as not containing leases under AASB 117 on transition to AASB 16;

Lease liabilities have been discounted using the Association's incremental borrowing rate at 1 July 2019;

Right-of-use assets at 1 July 2019 have been measured at an amount equal to the lease liability adjusted by the amount of any prepaid or accrued lease payments;

A single discount rate was applied to all leases with similar characteristics.

Statement of Profit or Loss and Other Comprehensive Income

On adoption of AASB 16, the following changes were made to the statement of profit or loss and other comprehensive income for the year ended 30 June 2019.

	Year ended 30 June 2019 as previously reported \$	Adjustment on adoption of AASB 16 \$	Year ended 30 June 2019 restated for AASB 16 \$
Depreciation - right-of-use asset	-	45,797	45,797
Rental expense	141,502	(71,407)	70,095
Finance expenses	4,202	7,056	11,258
Profit for the year	145,704	(18,554)	127,150

2 Change in Accounting Policy (continued)

Statement of Financial Position

The following changes were made to the statement of financial position at 1 July 2018 and 30 June 2019 due to the adoption of AASB 16.

	Previously reported carrying amount \$	Reclassification \$	AASB 16 carrying amount \$
1 July 2018			
Property, plant and equipment	137,617	209,395	347,012
Lease liabilities - current	-	60,555	60,555
Lease liabilities - non-current	-	169,301	169,301
Retained earnings	969,886	(20,461)	949,425

	Previously reported carrying amount \$	Reclassification \$	AASB 16 carrying amount \$
30 June 2019			
Property, plant and equipment	202,207	146,576	348,783
Trade and other payables	1,335,714	(20,617)	1,315,097
Lease liabilities	-	169,300	169,300
Retained earnings	1,160,980	(2,107)	1,158,873

For short-term leases and leases of low-value the Association has opted to recognise a lease expense of a straight-line basis as permitted by AASB16. This expense is presented within Other Expenses.

The Association has opted to recognise leases that are significantly below-market at cost. The lease terms are as follows:

Property:	221 Onslow Road, Shenton Park
Lease Term:	5 years commencing 1 March 2020
Rent per annum:	\$1

3 Summary of Significant Accounting Policies

(a) Revenue and other income

The revenue recognition policies for the principal revenue streams of the Association are:

Grant revenue

Government grants are recognised at fair value where there is reasonable assurance that the grant will be received and all grant conditions will be met. Grants relating to expense items are recognised as income over the periods necessary to match the grant to the costs they are compensating. Grants relating to assets are credited to deferred income at fair value and are credited to income over the expected useful life of the asset on a straight-line basis.

Revenue from contracts with customers

The core principle of AASB 15 is that revenue is recognised on a basis that reflects the transfer of promised goods or services to customers at an amount that reflects the consideration the Association expects to receive in exchange for those goods or services. Revenue is recognised by applying a five-step model as follows:

1. Identify the contract with the customer
2. Identify the performance obligations
3. Determine the transaction price
4. Allocate the transaction price to the performance obligations
5. Recognise revenue as and when control of the performance obligations is transferred

Generally the timing of the payment for sale of goods and rendering of services corresponds closely to the timing of satisfaction of the performance obligations, however where there is a difference, it will result in the recognition of a receivable, contract asset or contract liability.

None of the revenue streams of the Association have any significant financing terms as there is less than 12 months between receipt of funds and satisfaction of performance obligations.

The revenue recognition policies for the principal revenue streams of the Association are:

Interest

Interest revenue is recognised on an accrual basis in accordance with AASB 9.

Dividends

Dividend revenue is recognised when the right to receive the dividend has been established.

Other income

Other income is recognised on an accruals basis when the Association is entitled to it.

3 Summary of Significant Accounting Policies (continued)

(b) Volunteer services

Volunteer services are measured at their fair value, which is determined by market related wage rates and hours of services provided, and contributions and services are recognised for these amounts.

(c) Income Tax

The Association is exempt from income tax under Division 50 of the *Income Tax Assessment Act 1997*.

(d) Goods and services tax (GST)

Revenue, expenses and assets are recognised net of the amount of goods and services tax (GST), except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payable are stated inclusive of GST.

Cash flows in the statement of cash flows are included on a gross basis and the GST component of cash flows arising from investing and financing activities which is recoverable from, or payable to, the taxation authority is classified as operating cash flows.

(e) Property, plant and equipment

Each class of property, plant and equipment is carried at cost or fair value less, where applicable, any accumulated depreciation and impairment.

Items of property, plant and equipment acquired for nil or nominal consideration have been recorded at the acquisition date fair value.

Plant and equipment

Plant and equipment are measured using the cost model.

Depreciation

Property, plant and equipment, excluding freehold land, is depreciated on a straight-line basis over the assets useful life to the Association, commencing when the asset is ready for use.

Leased assets and leasehold improvements are amortised over the shorter of either the unexpired period of the lease or their estimated useful life.

The depreciation rates used for each class of depreciable asset are shown below:

Fixed asset class	Depreciation rate
Buildings	3 - 15years
Office Equipment	2 - 8years
Computer Software	4 - 5years
Right-of-Use-Buildings	5years

At the end of each annual reporting period, the depreciation method, useful life and residual value of each asset is reviewed. Any revisions are accounted for prospectively as a change in estimate.

3 Summary of Significant Accounting Policies (continued)

(f) Leases

(i) Right-of-use asset

At the lease commencement, the Association recognises a right-of-use asset and associated lease liability for the lease term. The lease term includes extension periods where the Association believes it is reasonably certain that the option will be exercised.

The right-of-use asset is measured using the cost model where cost on initial recognition comprises of the lease liability, initial direct costs, prepaid lease payments, estimated cost of removal and restoration less any lease incentives received.

The right-of-use asset is depreciated over the lease term on a straight line basis and assessed for impairment in accordance with the impairment of assets accounting policy.

(ii) Lease liability

The lease liability is initially measured at the present value of the remaining lease payments at the commencement of the lease. The discount rate is the rate implicit in the lease, however where this cannot be readily determined then the Association's incremental borrowing rate issued.

Subsequent to initial recognition, the lease liability is measured at amortised cost using the effective interest rate method. The lease liability is remeasured whether there is a lease modification, change in estimate of the lease term or index upon which the lease payments are based (e.g. CPI) or a change in the Association's assessment of lease term.

Where the lease liability is remeasured, the right-of-use asset is adjusted to reflect the remeasurement or is recorded in profit or loss if the carrying amount of the right-of-use asset has been reduced to zero.

Exceptions to lease accounting

The Association has elected to apply the exceptions to lease accounting for both short-term leases (i.e. leases with a term of less than or equal to 12 months) and leases of low-value assets. The Association recognises the payments associated with these leases as an expense on a straight-line basis over the lease term.

(g) Financial instruments

Financial instruments are recognised initially on the date that the Association becomes party to the contractual provisions of the instrument.

On initial recognition, all financial instruments are measured at fair value plus transaction costs (except for instruments measured at fair value through profit or loss where transaction costs are expensed as incurred).

Financial assets

All recognised financial assets are subsequently measured in their entirety at either amortised cost or fair value, depending on the classification of the financial assets.

Classification

On initial recognition, the Association classifies its financial assets into the following categories, those measured at:

- amortised cost
- fair value through profit or loss -FVTPL
- fair value through other comprehensive income - equity instrument (FVOCI -equity)
- fair value through other comprehensive income - debt investments (FVOCI -debt)

Financial assets are not reclassified subsequent to their initial recognition unless the Association changes its business model for managing financial assets.

3 Summary of Significant Accounting Policies (continued)

(g) Financial instruments (continued)

Financial assets (continued)

Amortised cost

Assets measured at amortised cost are financial assets where:

- the business model is to hold assets to collect contractual cash flows; and
- the contractual terms give rise on specified dates to cash flows are solely payments of principal and interest on the principal amount outstanding.

The Association's financial assets measured at amortised cost comprise trade and other receivables and cash and cash equivalents in the statement of financial position .

Subsequent to initial recognition, these assets are carried at amortised cost using the effective interest rate method less provision for impairment.

Interest income, foreign exchange gains or losses and impairment are recognised in profit or loss. Gain or loss on derecognition is recognised in profit or loss.

Fair value through other comprehensive income

Equity instruments

The Association has a number of strategic investments in listed and unlisted entities over which are they do not have significant influence nor control. The Association has made an irrevocable election to classify these equity investments as fair value through other comprehensive income as they are not held for trading purposes.

These investments are carried at fair value with changes in fair value recognised in other comprehensive income (financial asset reserve). On disposal any balance in the financial asset reserve is transferred to retained earnings and is not reclassified to profit or loss.

Dividends are recognised as income in profit or loss unless the dividend clearly represents a recovery of part of the cost of the investment. Other net gains and losses are recognised in OCI.

Financial assets through profit or loss
All financial assets not classified as measured at amortised cost or fair value through other comprehensive income as described above are measured at FVTPL.

Net gains or losses, including any interest or dividend income are recognised in profit or loss (refer to hedging accounting policy for derivatives designated as hedging instruments.)

The Association holds derivative financial instruments to hedge its foreign currency and interest rate risk exposures. Embedded derivatives are separated from the host contract and accounted for separately if the host contract is not a financial asset and certain criteria are met.

The Association's financial assets measured at FVTPL comprise derivatives investments in a managed portfolio in the statement of financial position.

Impairment of financial assets

Impairment of financial assets is recognised on an expected credit loss (ECL) basis for the following assets:

- financial assets measured at amortised cost
- debt investments measured at FVOCI; and
- contract assets.

3 Summary of Significant Accounting Policies (continued)

(g) Financial instruments (continued)

Financial assets (continued)

When determining whether the credit risk of a financial assets has increased significant since initial recognition and when estimating ECL, the Association considers reasonable and supportable information that is relevant and available without undue cost or effort. This includes both quantitative and qualitative information and analysis based on the Association's historical experience and informed credit assessment and including forward looking information.

The Association uses the presumption that an asset which is more than 30 days past due has seen a significant increase in credit risk.

The Association uses the presumption that a financial asset is in default when:

- the other party is unlikely to pay its credit obligations to the Association in full, without recourse to the Association to actions such as realising security (if any is held); or
- the financial assets is more than 90 days past due.

Credit losses are measured as the present value of the difference between the cash flows due to the Association in accordance with the contract and the cash flows expected to be received. This is applied using a probability weighted approach.

Trade receivables

Impairment of trade receivables have been determined using the simplified approach in AASB 9 which uses an estimation of lifetime expected credit losses. The Association has determined the probability of non-payment of the receivable and multiplied this by the amount of the expected loss arising from default.

The amount of the impairment is recorded in a separate

allowance account with the loss being recognised in finance expense. Once the receivable is determined to be uncollectable then the gross carrying amount is written off against the associated allowance.

Where the Association renegotiates the terms of trade receivables due from certain customers, the new expected cash flows are discounted at the original effective interest rate and any resulting difference to the carrying value is recognised in profit or loss.

Other financial assets measured at amortised cost

Impairment of other financial assets measured at amortised cost are determined using the expected credit loss model in AASB 9. On initial recognition of the asset, an estimate of the expected credit losses for the next 12 months is recognised. Where the asset has experienced significant increase in credit risk then the lifetime losses are estimated and recognised.

Financial liabilities

The Association measures all financial liabilities initially at fair value less transaction costs, subsequently financial liabilities are measured at amortised cost using the effective interest rate method.

The financial liabilities of the Association comprise trade payables, bank and other loans and lease liabilities.

3 Summary of Significant Accounting Policies (continued)

(h) Impairment of non-financial assets

At the end of each reporting period the Association determines whether there is an evidence of an impairment indicator for non-financial assets.

Where an indicator exists and regardless for indefinite life intangible assets and intangible assets not yet available for use, the recoverable amount of the asset is estimated.

Where assets do not operate independently of other assets, the recoverable amount of the relevant cash-generating unit (CGU) is estimated.

The recoverable amount of an asset or CGU is the higher of the fair value less costs of disposal and the value in use. Value in use is the present value of the future cash flows expected to be derived from an asset or cash- generating unit.

Where the recoverable amount is less than the carrying amount, an impairment loss is recognised in profit or loss.

Reversal indicators are considered in subsequent periods for all assets which have suffered an impairment loss.

(i) Cash and cash equivalents

Cash and cash equivalents comprises cash on hand, demand deposits and short-term investments which are readily convertible to known amounts of cash and which are subject to an insignificant risk of change in value.

(j) Employee benefits

Provision is made for the Association's liability for employee benefits arising from services rendered by employees to the end of the reporting period. Employee benefits that are expected to be wholly settled within one year have been measured at the amounts expected to be paid when the liability is settled.

Employee benefits expected to be settled more than one year after the end of the reporting period have been measured at the present value of the estimated future cash outflows to be made for those benefits. In determining the liability, consideration is given to employee wage increases and the probability that the employee may satisfy vesting requirements. Cashflows are discounted using market yields on high quality corporate bond rates incorporating bonds rated AAA or AA by credit agencies, with terms to maturity that match the expected timing of cashflows. Changes in the measurement of the liability are recognised in profit or loss.

(k) Provisions

Provisions are recognised when the Association has a legal or constructive obligation, as a result of past events, for which it is probable that an outflow of economic benefits will result and that outflow can be reliably measured.

(l) Adoption of new and revised accounting standards

The Association has adopted all standards which became effective for the first time at 30 June 2020, refer to Note 2 for details of the changes due to standards adopted.

Any new, revised or amended Accounting Standards or Interpretations that are not yet mandatory have not been early adopted.

(m) New Accounting Standards and Interpretations

The AASB has issued new and amended Accounting Standards and Interpretations that have mandatory application dates for future reporting periods. The Association has decided not to early adopt these Standards.

4 Critical Accounting Estimates and Judgments

The Management committee make estimates and judgements during the preparation of these financial statements regarding assumptions about current and future events affecting transactions and balances.

These estimates and judgements are based on the best information available at the time of preparing the financial statements, however as additional information is known then the actual results may differ from the estimates.

5 Volunteer Services

Lifeline has recognised the benefit received from the cohort of volunteers that provides invaluable support to enable us to deliver our services. The recognition of the benefit is based on market related remuneration rates and hours documented below:

	2020 No. of hours	2019 No. of hours
Board	280	283
Telephone crisis support	17,857	16,715
Other volunteer services	1,228	201
	19,365	17,199

6 Cash and Cash Equivalents

	2020 \$	2019 \$
Cash on hand	50	50
Bank balances	1,789,249	361,193
NAB Term Deposit	1,800,058	1,000,000
JB Were Cash Trust	58,107	76,053
	3,647,464	1,437,296

Included in the cash and cash equivalents is an amount of \$2,436,081 which relates to donations received as a result of COVID-19. These funds have specified purposes as described below:

The Chamber of Minerals and Energy of Western Australia (CME) created an initiative to assist the WA Community through the COVID-19 pandemic, resulting in 22 mining companies supporting Lifeline WA to the value of \$1,660,000 to replace vital fundraising monies for FY21 and FY22 which will underpin our core service of the 13 11 14 helpline. Two long term partners also provided an additional \$120,000 for the sustainability of this service.

6 Cash and Cash Equivalents (continued)

The Mental Health Commission provided COVID-19 funding to assist Lifeline WA to ensure the continuity of our 13 11 14 service.

Premier Mark McGowan and Lotterywest established a \$159,000,000 COVID-19 relief fund to provide support to organisations that are helping people experiencing hardship. Lifeline WA received \$150,000 in FY20 toward the cancellation of our annual Black Diamond Gala Dinner held in August FY 21.

Lifeline WA also received \$411,000 from the JobKeeper Subsidy and \$50,000 from the Cash Flow Boost Grant provided by the government.

7 Trade and other receivables

Trade receivables	21,763	101,236
Other receivables	135,741	146,401
	157,504	247,637

8 Property, plant and equipment

	2020 \$	2019 \$
Improvements to buildings		
At cost	301,311	301,311
Accumulated depreciation	(282,734)	(281,105)
	18,577	20,206
Leasehold Improvements		
At cost	169,144	-
Right-of-Use - Buildings		
At cost	314,092	314,092
Accumulated depreciation	(230,334)	(167,516)
	83,758	146,576
Office equipment		
At cost	474,153	459,753
Accumulated depreciation	(367,663)	(309,744)
	106,490	150,009
Computer software		
At cost	69,441	69,441
Accumulated depreciation	(49,617)	(37,449)
	19,824	31,992
Total property, plant and equipment	397,793	348,783

9 Financial Assets

Financial assets at fair value through profit and loss

Investment in fixed interest securities	253,891	259,091
Investment in equity shares	373,681	370,473
	<u>627,572</u>	<u>629,564</u>

10 Trade and Other Payables

	2020 \$	2019 \$
Trade payables and accruals	277,721	246,814
GST payable	113,820	14,045
Deferred income	360,322	948,284
PAYG payable	45,857	36,304
Superannuation payable	73,273	69,650
	<u>870,993</u>	<u>1,315,097</u>

11 Lease Liabilities

Office Lease		
Current	75,784	63,337
Non-current	30,180	105,964
	<u>105,964</u>	<u>169,301</u>

12 Employee Benefits

Current liabilities		
Long service leave	10,432	8,614
TOIL	2,892	4,283
Annual leave	169,870	130,320
	<u>183,194</u>	<u>143,217</u>
Non-current liabilities		
Long service leave	34,860	19,490

13 Accumulated Funds

Opening balance	1,158,873	949,425
Result for the year	2,492,469	209,448
Closing balance	<u>3,651,342</u>	<u>1,158,873</u>

14 Auditors' Remuneration

Remuneration paid to auditors in relation to audit	<u>9,000</u>	<u>6,563</u>
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15 Cash Flow Information

(a) Reconciliation of cash

	2020 \$	Re-stated 2019 \$
Cash at the end of the financial year as shown in the statement of cash flows is reconciled to items in the statement of financial position as follows:		
Cash and cash equivalents	3,647,464	1,437,296

(b) Reconciliation of result for the year to cash flows from operating activities

Reconciliation of net income to net cash provided by operating activities:		
Profit for the year	2,492,469	209,448
Cash flows excluded from profit attributable to operating activities		
Non-cash flows in profit:		
- depreciation	71,716	62,611
- depreciation - right of use assets	62,819	62,819
- interest portion of lease liability	5,196	7,056
- loss on disposal of assets	-	9,422
- unrealised gain on investments	-	(41,583)
- net (gain)/loss on disposal of investments	1,991	-
Changes in assets and liabilities:		
- (increase)/decrease in trade and other receivables	90,133	(114,095)
- (increase)/decrease in other assets	126,678	(104,435)
- increase/(decrease) in trade and other payables	(444,104)	1,014,420
- increase/(decrease) in provisions	55,347	35,099
Cashflows from operations	<u>2,462,245</u>	<u>1,140,762</u>

The Association has an overdraft limit of \$10,000.

16 Capital and Leasing Commitments

(a) Finance Leases

The Association does not have any finance leases.

(b) Operating Leases

	2020 \$	Re-stated 2019
Minimum lease payments under non-cancelable operating leases:		
– not later than one year	5,760	10,320
		between one year and
		five years
		19,680
		3,440
	25,440	13,760

The Association has committed funds of \$50,770 held with the National Australia Bank for the property lease guarantee.

(c) Capital Commitments

The Association does not have any capital commitments.

17 Capital Risk Management

The Association's objective is to manage working capital so as to ensure that liabilities can be settled as and when they fall due.

18 Contingencies

In the opinion of the Management committee, the Association did not have any contingencies at 30 June 2020 (30 June 2019:None).

19 Events after the end of the Reporting Period

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the Association, the results of those operations or the state of affairs of the Association in future financial years.

20 Prior period adjustment

The Association corrected an error at 30 June 2019 which resulted in the restatement of comparative amounts as follows:

	Previously stated \$	30 June 2019 Adjustments \$	Restated \$
Statement of Financial Position			
Cash and cash equivalents	1,432,916	4,380	1,437,296
Trade and other payables	1,328,485	7,229	1,335,714
Retained earnings	1,163,828	(2,848)	1,160,980

21 Statutory Information

The registered office and principal place of business of the association is:

Living Stone Foundation Inc.
7 Aberdeen Street
PERTH WA 6000

Committee Members' Declaration

The responsible persons declare that in the responsible persons' opinion:

- there are reasonable grounds to believe that the registered entity is able to pay all of its debts, as and when they become due and payable;and
- the financial statements and notes satisfy the requirements of the *Australian Charities and Not-for-profits Commission Act 2012*.


Signed in accordance with subsection 60.15(2) of the *Australian Charities and Not-for-profit Commission Regulation 2013* .

Responsible person:



Sasha Pandal (Chairperson)

Dated this 29 day of August 2020



**INDEPENDENT AUDITOR'S REPORT
TO THE MEMBERS OF LIVING STONE FOUNDATION INC.**

Opinion

We have audited the financial report of Living Stone Foundation Inc. ("the Association"), which comprises the statement of financial position as at 30 June 2020, and the statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the Committee Member's declaration.

In our opinion, the accompanying financial report of the Living Stone Foundation Inc. is prepared, in all material respects, in accordance with the Associations Incorporation Act 2015 (WA) and Division 60 of the Australian Charities and Not-for-profits Commission Act 2012, including:

i) giving a true and fair view of the Association's financial position as at 30 June 2020 and of its financial performance for the year then ended; and

ii) complying with Australian Accounting Standards to the extent described in note 1 and Division 60 of the Australian Charities and Not-for-profits Commission Regulation 2013.

Basis for Opinion

We have conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those Standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Report* section of our report.

We are independent of the Association in accordance with the auditor independence requirements of the Associations Incorporation Act 2015 (WA), the Australian Charities and Not-for-profits Commission Act 2012 and the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (including independence standards) (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our ethical requirements in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter – Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared for the purpose of fulfilling the Committee's financial reporting responsibilities under the Associations Incorporation Act 2015 (WA) and the Australian Charities and Not-for-profits Commission Act 2012. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

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Committee's Responsibilities for the Financial Report

The Committee of the Association is responsible for the preparation of the financial report that gives a true and fair view and has determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the Associations Incorporation Act 2015 (WA), the Australian Charities and Not-for-profits Commission Act 2012 and the needs of the members.

The Committee's responsibility also includes such internal control as the Committee determines is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the Committee is responsible for assessing the Association's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the management committee either intend to liquidate the Association or to cease operations, or have no realistic alternative but to do so.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue and auditor's report that includes our opinion.

Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of the financial report.

As part of an audit in accordance with the Australia Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain and understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Committee.
- Conclude on the appropriateness of the Committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report

to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Association to cease to continue as a going concern.

- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the Committee regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

We also provide the management committee with a statement that we have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships and other matters that may reasonably be thought to bear on our independence, and where applicable, actions taken to eliminate threats of safeguards applied.

Report on Other Legal and Regulatory Requirements

In our opinion, Living Stone Foundation Inc. has complied with sections 60-30(3)(b), (c) and (d) of the Australian Charities and Not-for-profits Commission Act 2012 and sections 82(1)(b), (c) and (d) of the Associations Incorporation Act 2015 (WA) :

- by providing us with all information, explanation and assistance necessary for the conduct of the audit;
- by keeping financial records sufficient to enable a financial report to be prepared and audited;
- by keeping other records required by Part 3-2 of the Australian Charities and Not-for-profits Commission Act 2012, including those records required by Section 55-5 that correctly record its operations, so as to enable any recognized assessment activity to be carried out in relation to the entity; and
- by keeping other records required by Part 5 of the Associations Incorporation Act 2015 (WA), including those records required by Section 66 that correctly record its operations, so as to enable true and fair financial statements to be prepared.

BUTLER SETTINERI (AUDIT) PTY LTD



MARIUS VAN DER MERWE CA
Director

Perth
Date: 27 August 2020

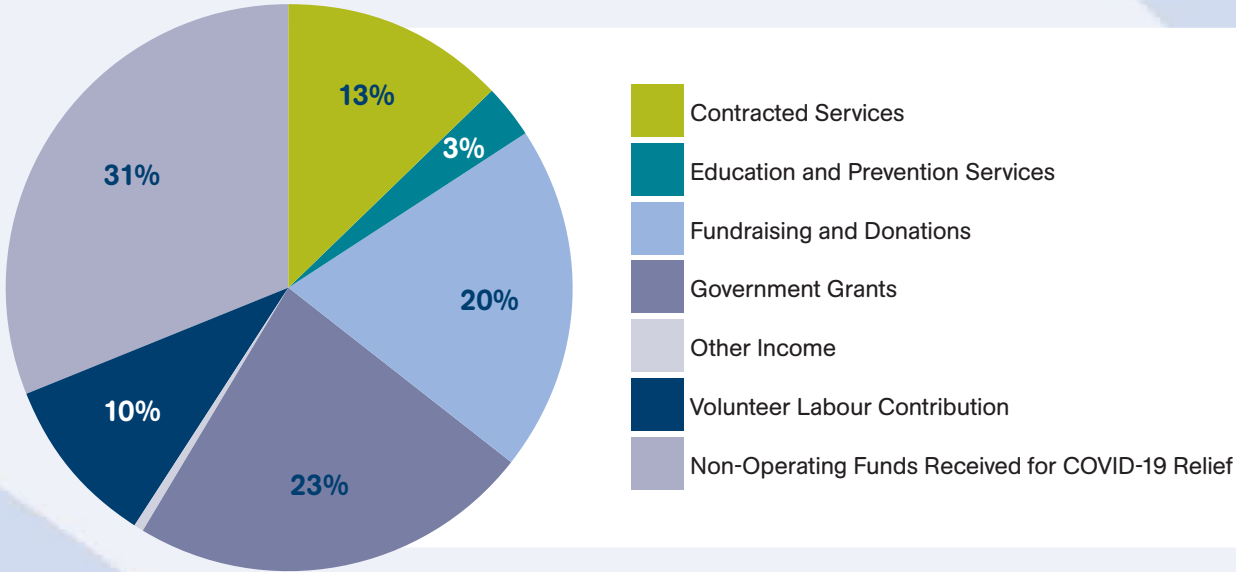


Financial Results

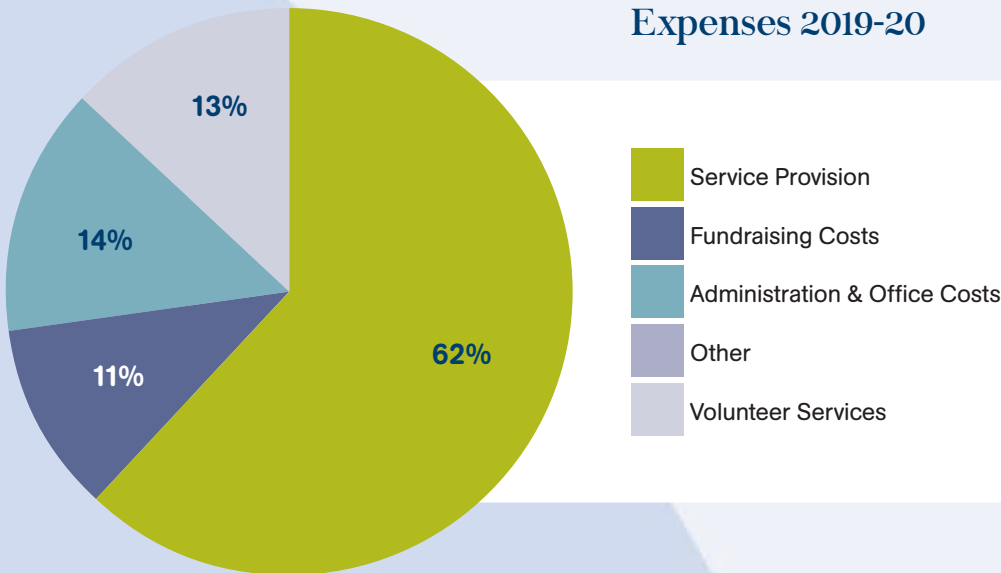
Income	FY 2020	
Contracted services	1,028,022	13.00%
Education and prevention services	233,378	2.95%
Fundraising and donations	1,588,131	20.08%
Government grants	1,788,531	22.62%
Other income	36,257	0.46%
Volunteer Labour Contribution	796,666	10.08%
Non-Operating Funds received for COVID-19 Relief	2,436,081	30.81%
	7,907,066	100.00%

Expenses	FY 2020	
Service Provision	3,826,252	70.67%
Fundraising Costs	713,049	13.17%
Administration & Office Costs	875,296	16.17%
Other		0.00%
Volunteer Services	796,666	14.71%
	5,414,597	100.00%

Income 2019-20



Expenses 2019-20



Gratitude

We are incredibly grateful to our valued Corporate Partners for their contribution in our mission to prevent suicide, support people in crisis and reduce the stigmas, which can be a barrier to people seeking help.





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