



Peta
She/Her

Counsellor
Lifeline WA Counselling Services

Uses a range of psychotherapeutic approaches to help people experiencing grief and loss, family separation, relationship issues and mental health conditions to achieve positive, lasting progress.

Peta's calm, friendly, and approachable manner puts her clients at ease and creates a comfortable space to navigate and explore complex emotions. Her approach is person-centered, empathetic, and understanding, and she works collaboratively with individuals to find healing after separation or loss.

Peta holds a Bachelor of Arts (Psychology) from Murdoch and a Master of Counselling and Psychotherapy from Edith Cowan University. She is a registered counsellor with the Psychotherapeutic and Counselling Federation of Australia. She has undertaken further postgraduate training in Dialectical Behaviour Therapy, Eye Movement Desensitisation and Reprocessing, Solution-Focused Brief Therapy, Play Therapy and Grief and Loss training.

Contact us:

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